



DOGFIT- COVID-19 GUIDELINES

In light of COVID-19 UK government guidelines as well as those from England Athletics, please see the following guidelines which set out how classes will be run so as to be compliant with UK government and governing body guidance for COVID-19 as of 16th August 2020.

Please note it is of vital importance that these guidelines are respected and followed to ensure everyone's safety, and your DogFit® Trainer reserves the right to refuse any individual or individuals to participate in DogFit classes if these guidelines are not followed.

1. Classes sizes will adhere to the latest Government Guidelines.
2. Do not attend a session if you have COVID-19 symptoms, or if you or anyone in your household has been self-isolating in the 14 days prior to the run you are planning to attend. If you need to cancel with less than 12 hours notice because of this reason, your session credit will not be lost and can be reused when you are well (see below for other guidance on this).
3. Classes must be pre-paid in advance. We cannot accept on-the-day attendees who have not pre-booked due to the restrictions on numbers.
4. You must maintain social distancing of 2m between each person at all times - for warm ups, during the run and before/after. Please be aware of your dog's bungee lead length in managing this. If you run with a shorter 1.2m bungee line this is of particular importance. Be mindful that dogs do not know about social distancing rules, and so you will need to take responsibility for managing your dog around others - dogs will naturally want to say hello to each other, but this risks bungee lines being tangled etc, so please keep your dog under control, do not allow them to get close to other dogs and keep at least 2m distance at all times. Dogs must be kept attached at all times.
5. Please bring all of your own supplies with you - you should carry hand sanitiser with you on every run and use as you need to. Come prepared with water for you and your dog, and a bowl for them - dog bowls should not be shared with others due to social distancing regulations. You should also plan to bring your own dog poo bags and dog treats as required.
6. If you have an underlying health condition that means you are more vulnerable to COVID-19, or you have been shielding due to someone else in your household having an underlying health condition of this nature - please discuss this with your trainer in confidence before you commit to attending a run. Please note in this scenario you may be asked to seek written confirmation from your GP before attending any group sessions.



7. If you are attending a taster session (your first class), you must supply accurate measurements for your dog to trainer one week prior to the class - you will be able to borrow kit for the class and your trainer will explain how to retrieve the kit, how to fit it and how to return it, whilst respecting social distancing guidelines. Please sanitise your hands before after handling any kit.

LIABILITY DISCLAIMER

I understand that participation in a DogFit® class may pose some risk to myself and my dog/ s and expressly assume the risk of any damage or injury (to myself, or my dog/s), incurred whilst participating in a class conducted by a DogFit® Certified Trainer.

I understand that I shall be responsible for my dog and indemnify and hold harmless DogFit- and its trainers, volunteers and representatives from and against all claims, damages, costs and liabilities in respect of any loss, damage or personal injury sustained by me or any third party which is directly or indirectly caused by my dog or to my dog following participation in a DogFit® class.

I hereby certify that my dog/s and I are physically fit and have no medical conditions which may prevent full participation in a DogFit® class.

I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which might incur as a result of my dog participating in this activity.

I confirm that my dog/s are covered by third party insurance.

I agree that DogFit® may use images/footage taken during the session for their own marketing and promotion.

I have seen and agree to adhere to the DOGFIT GUIDELINES FOR RUNNING WITH YOUR DOG and read the COVID-19 guidelines above.

I confirm that I will not attend a session if I have COVID-19 symptoms, or if I or anyone in my household has been self-isolating in the 14 days prior to any DogFit® class that I am planning to attend.

SIGNED

DATED
